

Researchers and clinicians at Cedars-Sinai are using Fitbit devices and Fitabase to remotely monitor cardiac patients as part of an innovative California Initiative to Advance Precision Medicine-funded research study.

Led by Dr. Brennan Spiegel, the Cedars-Sinai Center for Outcomes Research and Education (CORE) is conducting a groundbreaking new study to remotely monitor cardiac patients and explore new data-based approaches to predicting cardiovascular disease and potentially life threatening cardiac events.

Fitabase has facilitated data exchange and visualization in a way that was easy to use and helped keep our study moving along.



-Brennan Spiegel, MD

Using Fitbit's Charge 2 devices, Dr. Spiegel and his research team are tracking daily activity, heart rate, and sleep behaviors of their participants. Combined with real-time monitoring facilitated by Fitabase and their research support staff, CORE researchers are observing high rates of participant compliance and engagement with the project.

About Fitabase

Fitabase is a comprehensive data management platform designed to support innovative research projects using wearable and internet-connected devices. Learn more at fitabase.com.